

		GO WITH GOLAZO		CAC African Road Cycling Championships									
Version		Event date		Kwale County - Kenya									
14.10.2025		21.11.25		2025 CAC ROAD CYCLING AFRICAN CHAMPIONSHIPS KENYA									
Start 1e rider		9:00		MIXED RELAY - ELITE U23									
Start last rider		9:24											
Ø Kph	Ø Kph	Ø Kph	-	MUNICIPALITY - CITY	+		STREET NAME	CROSSING STREET			NR.		
41	43	46						LEFT	MAIN	RIGHT			
09:24	09:24	09:24	28.0	Start	0.0		Parking Bank ABSA				1		
09:24	09:24	09:24	27.9	{Ukunda Ward}	0.1		Diani Beach Road			Diani Beach Road	2		
09:24	09:24	09:24	27.9		0.1		Diani Link Road				3		
09:24	09:24	09:24	27.5		0.5		Diani Link Road			Airport Road	4		
09:27	09:27	09:27	25.6		2.4		Ukunda-Ramisi Road, A14			Ukunda-Ramisi Road, A14	5		
09:34	09:33	09:33	21.1		6.9		Road to Diani Beach				6		
09:37	09:36	09:35	18.9		9.1		Road to Diani Beach				7		
09:37	09:37	09:36	18.6		9.4		Road to Diani Beach				8		
09:38	09:37	09:36	18.3		9.7		Diani Beach Road			Diani Beach Road	9		
09:40	09:39	09:38	16.7		11.3		Diani Beach Road			Ali Barbours Road	10		
09:40	09:40	09:39	16.5		11.5		Diani Beach Road			Forty Thieves Access Road	11		
09:44	09:43	09:42	14.2		13.8		FINISH - MEN ELITE - START WOMEN U23				12		
09:44	09:43	09:42	13.8		14.2		Diani Link Road				13		
09:45	09:44	09:43	13.4		14.6		Diani Link Road			Airport Road	14		
09:48	09:47	09:45	11.5		16.5		Ukunda-Ramisi Road, A14			Ukunda-Ramisi Road, A14	15		
09:54	09:53	09:51	7.0		21.0		Road to Diani Beach				16		
09:57	09:56	09:54	4.8		23.2		Road to Diani Beach				17		
09:58	09:56	09:54	4.5		23.5		Road to Diani Beach				18		
09:58	09:57	09:55	4.2		23.8		Diani Beach Road			Diani Beach Road	19		
10:01	09:59	09:57	2.6		25.4		Diani Beach Road			Ali Barbours Road	20		
10:01	09:59	09:57	2.4		25.6		Diani Beach Road			Forty Thieves Access Road	21		
10:04	10:03	10:00	0.0		28.0		FINISH - WOMEN U23				22		