

		GO WITH 		CAC African Road Cycling Championships							
Version 17.10.2025		Event date 21.11.25		Kwale County - Kenya Road Race - WOMEN JUNIOR							
Neutral start		11:30									
Neutral speed		30									
Ø Kph	Ø Kph	Ø Kph	-	MUNICIPALITY - CITY	+		STREET NAME	CROSSING STREET			NR.
32	36	42						LEFT	MAIN	RIGHT	
11:30	11:30	11:30	6.0		0.0		START NEUTRALIZATION	Diani Beach Road			1
11:30	11:30	11:30	5.9	Kwale County - Kenya	0.1		Diani Link Road				2
11:31	11:31	11:31	5.5	{Ukunda Ward}	0.5		Diani Link Road	Airport Road			3
11:34	11:34	11:34	3.6		2.4		Ukunda-Ramisi Road, A14	Ukunda-Ramisi Road, A14			4
11:41	11:41	11:41	0.1		5.9		End Neutralisation	Rubis Ukunda Ramisi Service stattion			5
11:41	11:41	11:41	64.5		0.0		Official Start	Rubis Ukunda Ramisi Service stattion			6
11:43	11:43	11:43	63.5		1.0		Road to Diani Beach				7
11:47	11:47	11:46	61.2		3.3		Road to Diani Beach				8
11:48	11:47	11:46	61.0		3.5		Road to Diani Beach				9
11:49	11:48	11:47	60.6		3.9		Diani Beach Road	Diani Beach Road			10
11:52	11:50	11:49	59.0		5.5		Diani Beach Road	Ali Barbours Road			11
11:52	11:51	11:49	58.8		5.7		Diani Beach Road	Forty Thieves Access Road			12
11:56	11:55	11:53	56.5	Passage Start	8.0		Diani Beach Road				13
11:57	11:55	11:53	56.2	{Ukunda Ward}	8.3		Diani Link Road				14
11:57	11:55	11:53	56.0	START - Litterzone	8.5		START - Litterzone				15
11:58	11:56	11:54	55.8	END - Litterzone	8.7		END - Litterzone				16
11:58	11:56	11:54	55.8		8.7		Diani Link Road	Airport Road			17
11:58	11:56	11:54	55.8	START - Feedzone	8.7		START - Feedzone				18
11:58	11:56	11:54	55.5	END - Feedzone	9.0		END - Feedzone				19
11:58	11:56	11:54	55.5	START - Litterzone	9.0		START - Litterzone				20
11:59	11:57	11:54	55.3	END - Litterzone	9.2		END - Litterzone				21
12:01	11:59	11:56	53.9		10.6		Ukunda-Ramisi Road, A14	Ukunda-Ramisi Road, A14			22
12:10	12:06	12:03	49.4		15.1		Road to Diani Beach				23
12:14	12:10	12:06	47.2		17.3		Road to Diani Beach				24
12:14	12:11	12:06	46.9		17.6		Road to Diani Beach				25
12:15	12:11	12:07	46.6		17.9		Diani Beach Road	Diani Beach Road			26
12:18	12:14	12:09	45.0		19.5		Diani Beach Road	Ali Barbours Road			27
12:18	12:14	12:09	44.8		19.7		Diani Beach Road	Forty Thieves Access Road			28
12:23	12:18	12:13	42.4	Passage Start	22.1		Diani Beach Road				29
12:23	12:19	12:13	42.1	{Ukunda Ward}	22.4		Diani Link Road				30
12:24	12:19	12:14	41.8	START - Litterzone	22.7		START - Litterzone				31
12:24	12:19	12:14	41.7	END - Litterzone	22.8		END - Litterzone				32
12:24	12:19	12:14	41.7		22.8		Diani Link Road	Airport Road			33
12:24	12:19	12:14	41.7	START - Feedzone	22.8		START - Feedzone				34
12:25	12:20	12:14	41.4	END - Feedzone	23.1		END - Feedzone				35
12:25	12:20	12:14	41.4	START - Litterzone	23.1		START - Litterzone				36
12:25	12:20	12:14	41.3	END - Litterzone	23.2		END - Litterzone				37
12:28	12:22	12:17	39.8		24.7		Ukunda-Ramisi Road, A14	Ukunda-Ramisi Road, A14			38
12:36	12:30	12:23	35.3		29.2		Road to Diani Beach				39
12:40	12:34	12:26	33.1		31.4		Road to Diani Beach				40
12:41	12:34	12:27	32.8		31.7		Road to Diani Beach				41
12:41	12:35	12:27	32.5		32.0		Diani Beach Road	Diani Beach Road			42
12:44	12:37	12:29	30.9		33.6		Diani Beach Road	Ali Barbours Road			43
12:45	12:38	12:30	30.7		33.8		Diani Beach Road	Forty Thieves Access Road			44
12:49	12:42	12:33	28.3	Passage Start	36.2		Diani Beach Road				45
12:50	12:42	12:33	28.0	{Ukunda Ward}	36.5		Diani Link Road				46
12:50	12:42	12:34	27.8	START - Litterzone	36.7		START - Litterzone				47
12:50	12:43	12:34	27.6	END - Litterzone	36.9		END - Litterzone				48
12:50	12:43	12:34	27.6		36.9		Diani Link Road	Airport Road			49
12:50	12:43	12:34	27.6	START - Feedzone	36.9		START - Feedzone				50

∅ Kph	∅ Kph	∅ Kph	-	MUNICIPALITY - CITY	+		STREET NAME	CROSSING STREET			NR.
32	36	42						LEFT	MAIN	RIGHT	
12:51	12:43	12:34	27.3	END - Feedzone	37.2		END - Feedzone				51
12:51	12:43	12:34	27.3	START - Litterzone	37.2		START - Litterzone				52
12:51	12:43	12:35	27.2	END - Litterzone	37.3		END - Litterzone				53
12:54	12:46	12:37	25.7		38.8		Ukunda-Ramisi Road, A14		Ukunda-Ramisi Road, A14		54
13:02	12:53	12:43	21.2		43.3		Road to Diani Beach				55
13:07	12:57	12:46	19.0		45.5		Road to Diani Beach				56
13:07	12:58	12:47	18.7		45.8		Road to Diani Beach				57
13:08	12:58	12:47	18.4		46.1		Diani Beach Road		Diani Beach Road		58
13:11	13:01	12:49	16.8		47.7		Diani Beach Road		Ali Barbours Road		59
13:11	13:01	12:50	16.6		47.9		Diani Beach Road	Forty Thieves Access Road			60
13:16	13:05	12:53	14.2	Passage Start	50.3		Diani Beach Road				61
13:16	13:06	12:54	13.9	{Ukunda Ward}	50.6		Diani Link Road				62
13:17	13:06	12:54	13.7	START - Litterzone	50.8		START - Litterzone				63
13:17	13:06	12:54	13.5	END - Litterzone	51.0		END - Litterzone				64
13:17	13:06	12:54	13.5		51.0		Diani Link Road	Airport Road			65
13:17	13:06	12:54	13.5	START - Feedzone	51.0		START - Feedzone				66
13:17	13:07	12:55	13.2	END - Feedzone	51.3		END - Feedzone				67
13:17	13:07	12:55	13.2	START - Litterzone	51.3		START - Litterzone				68
13:18	13:07	12:55	13.1	END - Litterzone	51.4		END - Litterzone				69
13:20	13:09	12:57	11.6		52.9		Ukunda-Ramisi Road, A14		Ukunda-Ramisi Road, A14		70
13:29	13:17	13:03	7.1		57.4		Road to Diani Beach				71
13:33	13:21	13:06	4.9		59.6		Road to Diani Beach				72
13:34	13:21	13:07	4.6		59.9		Road to Diani Beach				73
13:34	13:22	13:07	4.3		60.2		Diani Beach Road		Diani Beach Road		74
13:37	13:24	13:10	2.7		61.8		Diani Beach Road		Ali Barbours Road		75
13:38	13:25	13:10	2.5		62.0		Diani Beach Road	Forty Thieves Access Road			76
13:40	13:27	13:12	1.3	<<< DEVIATION	63.2		Deviation - Airport road				77
13:42	13:29	13:13	0.0		64.5		FINISH				78